

Daily Fresh Fruits and Vegetables !!

Menu plan from October 30th till November 24th

Fresh Cooking on site !!



VielfaltMenü

Order Form

Family Name :

First Name :

Class :

Street / House number :

Zip Code / Town :

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from October 30th till November 3rd					
A Kids Favourite Meal	Boiled Sausage of Poultry with French fries and Sweet Corn (G, 2, 3, 7, 15)	Penne "Napoli" with Tomato sauce and Cheese (V, aw, uw, am)	Escalope of Chicken with Potatoes Imperial Vegetables (G, aw, uw, gb)	Fried Rice with Eggs, Peas, Carrots and Sweet Corn (V, ae)	Spaghetti with Spinach sauce and Cheese (V, aw, uw, am)
B Around the world	"Schupfnudeln" with Mushrooms, Carrots and Beans (V, aw, uw, ae)	Fricassee of Chicken Peas and Asparagus served with Rice (G, am)	Chili sin Carne Beans with Sweet Corn and Tomatoes (V)	Goulash of Beef with red Cabbage and Dumplings (R)	Coal fish with Basmati Rice and Beans (F, af)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

Week from November 6th till November 10th					
A Kids Favourite Meal	"Arroz con Pollo" Chicken with Rice bell Pepper and Peas (G)	Spaghetti "Bolognese" with Cheese (R, aw, uw, am)	Pancake with Cinnamon, Sugar and Applesauce (V, aw, uw, ae, am)	Cevapcici with Djuvec Rice and mixed Vegetables (R, aw, uw, ae, bm)	Fish fingers with mashed Potatoes and Peas (F, aw, uw, af)
B Around the world	Tortellini mit Basil-Tomatoesauce and Chees (V, aw, uw, ae, am)	Cauliflower Curry with Potatoes and Basmati Rice (V)	Steak of Turkey with Gratin of Potatoes and Beans (G, am)	Hash Browns filled with Cheese served with Ratatouille (V, am)	Fried Mushrooms with Hash Browns and Yoghurt Dip am)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

Week from November 13th till November 17th					
A Kids Favourite Meal	Hamburger with Tomatoes, Cucumber and French fries (R, aw, uw, as)	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	Breast of Chicken with Gravy, Peas and Potatoes (G)	Mini-Spring roll with Basmati Rice and Sojasauce (V, 2, aw, uw, ae, ay)	Pizza with Tomatoes and Cheese (V, aw, uw, am)
B Around the world	"Hirtentasche" with Cheese, Bulgur and mediterranean Vegetables (V, aw, uw, am, ae)	Burritos stewed Chicken and salsa sauce available (G, aw, uw)	"Kaiserschmarrn" Stewed Pancake with Applesauce (V, 3, aw, uw, ae, am)	Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af)	Pasta "Florentine Style " with Spinach and Tomatoes (V, aw, uw)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

Week from November 20th till November 24th					
A Kids Favourite Meal	Pasta "Bolognese" with Cheese (R, aw, uw, am)	Stewed Chicken with Basmati Rice and Broccoli (G)	Sausage of Beef mediterranean Potatoes and Beans (R, 3, 7, 15)	Spaghetti "Asian Style" with Carrots, Leek and Broccoli (V, aw, uw, ay, 23)	Fish in Batter with mashed Potatoes and Carrots (F, aw, uw, am, af)
B Around the world	Brussels Sprouts soufflé with Potatoes, and Carrots (V, am)	Omelette with Spinach and mashed Potatoes (V, ae, am)	"Maultaschen" with Broccoli, Beans and Carrots (V, aw, uw, ae, bc)	Roast Turkey with mashed Potatoes and Cranberry sauce (G, 3, am, au)	Cauliflower Curry with Potatoes and Basmati Rice (V)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

Additives: 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix;

Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains rye*, gb - contains barley*, go - contains oat*, gs - contains spelt*, gk - contains kamut*, ax - contains other gluten containing grain*, ac - contains crustaceans*, ae - contains eggs*, af - contains fish*, ap - contains peanuts*, ay - contains soybeans*, am - contains milk*, an - contains nuts*, sa - contains almond*, sh - contains hazelnut*, sw - contains walnut*, sc - contains cashew*, sp - contains pecan nut*, sr - contains brazil nut*, st - contains pistachio*, sm - contains macadamia nut*, sq - contains queensland nut*, bc - contains celery*, bm - contains mustard*, as - contains sesame*, au - contains sulphur

Please hand in to Kiosk
Vielfaltmenü c/o ISF

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