

# Daily Fresh Fruits and Vegetables !!

## Menuplan from June 5th till June 30th

### Fresh Cooking on site !!

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from June 5th till June 9th					
<b>A Kids Favourite Meal</b>	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	Stewed Chicken with Basmati Rice and Peas (G)	Sausage of Poultry with Potatoes and Carrots (G, 2,3,15)	<b>Corpus Christi No School</b>	Pizza with Tomatoes and Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am)
<b>B Around the world</b>	Coal fish with Basmati Rice and Ratatouille (F, af)	vegetarian Lasagne topped with Cheese (V, aw, uw, gb, am)	Cauliflower-Potato-Curry with Basmati Rice (V)	<b>Corpus Christi No School</b>	Paella Rice with Chicken and Shrimps (G; F, ac, af, um, 23)
<b>Salad</b>	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
<b>Dessert</b>	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Week from June 12th till June 16th					
<b>A Kids Favourite Meal</b>	Spaghetti "Bolognese" with Cheese (R, aw, uw, am)	"Arroz con Pollo" Chicken with Rice bell Pepper and Peas (G)	Pancake with Cinnamon, Sugar and Applesauce (V, aw, uw, ae, am)	Hot Dog with French fries Cucumbers and Ketchup (G, aw, uw, 2,3,15)	Pasta with Tomato sauce and Cheese (V, aw, uw, am)
<b>B Around the world</b>	Mini-Spring roll with mediterranean Couscous (V, 2, aw, uw, ae, ay)	Hach browns topped with Tomato and Mozzarella (V, am)	Stewed Beef with Basmati Rice and Beans (R)	Pasta "Florentine Style " with Spinach and Tomatoes (V, aw, uw)	Plaice in Batter with Lemon, Potatoes and Cauliflower (F, aw, uw, gb, af)
<b>Salad</b>	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
<b>Dessert</b>	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Week from June 19th till June 23rd					
<b>A Kids Favourite Meal</b>	Chicken Crossies with sweet Corn and Potato Wedges (G, aw, uw)	Macaroni with Herb Cheese Sauce Carrots (V, aw, uw, am)	Breast of Chicken with Ratatouille and Basmati Rice (G)	Spaghetti "Asian Style" with Carrots, Leek and Broccoli (V, aw, uw, ay, 23)	Fish fingers with mashed Potatoes and Carrots (F, aw, uw, am, af)
<b>B Around the world</b>	Gnocchi with Tomato-Mushroom in Cream (V, aw, uw, ae, am)	<b>Lahmacun</b> stewed Chicken and Yoghurt sauce available (R, G, aw, uw, ay, am)	Yeast Dumpling filled with Cherries Custard (V, 3, aw, uw, ae, am)	Goulasch of Beef with imperial Vegetables and Potatoes (R)	German Ravioli with Beans, Tomatoes bell Pepper and Carrots (V, aw, uw, ae, bc)
<b>Salad</b>	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
<b>Dessert</b>	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Week from June 26th till June 30th					
<b>A Kids Favourite Meal</b>	Chicken Wings with French fries and Sweet Corn (G)	Mini Meat Balls with Rice and mixed Vegetables (R, aw, uw, ae, bm)	Pasta with Tomato Basil sauce and Cheese (V, aw, uw, am)	Escalope of Chicken with Rosmarin Potatoes Imperial Vegetables (G, aw, uw, gb)	<b>Last day of school !!</b>
<b>B Around the world</b>	Chili sin Carne Beans with Sweet Corn and Tomatoes (V)	Hash Browns filled with Cheese served with Joghurt Dip (V, am)	Chicken Masala with Basmati rice and Broccoli am)	Ravioli with Herb-Cheese-Sauce (V, aw, uw, ae, am)	Pizza with Tomatoes and Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am)
<b>Salad</b>	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
<b>Dessert</b>	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

**Additives:** 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix;

**Allergens:** aw - contains cereals containing gluten\*, uw - contains wheat\*, nr - contains rye\*, gb - contains barley\*, go - contains oat\*, gs - contains spelt\*, gk - contains kamut\*, ax - contains other gluten containing grain\*, ac - contains crustaceans\*, ae - contains eggs\*, af - contains fish\*, ap - contains peanuts\*, ay - contains soybeans\*, am - contains milk\*, an - contains nuts\*, sa - contains almond\*, sh - contains hazelnut\*, sw - contains walnut\*, sc - contains cashew\*, sp - contains pecan nut\*, sr - contains brazil nut\*, st - contains pistachio\*, sm - contains macadamia nut\*, sq - contains queensland nut\*, bc - contains celery\*, bm - contains mustard\*, as - contains sesame\*, au - contains sulphur

# Order Form

Family Name : \_\_\_\_\_

First Name : \_\_\_\_\_

Class : \_\_\_\_\_

Street / House number : \_\_\_\_\_

Zip Code / Town : \_\_\_\_\_

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
		X			Menu A	
		X			Menu B	

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Week 1
					Menu A	
					Menu B	

**Please hand in to Kiosk**  
Vielfaltmenü c/o ISF

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